

BOMBSHELL DANCE FITNESS- EASLEY, FEBRUARY 2019

5156C Calhoun Memorial Highway. Easley SC, 28640 thefitfactorypickens@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 9:30am Zumba Step- Sherrie
3 5pm Hot Flow- Tyler	4 6:15pm House Party Fitness- Sherrie	5 9:30am PiYo- Stefanie 5:15pm Yoga Flow- Tyler	6 6:15pm Kettle Bell AMPD- Nina	7 5:15am Bootcamp- Jenny 7pm VIXEN- Fallon	8	9 9:30am POUND- Fallon
10 5pm Hot Flow- Tyler	11 6:15pm Zumba- Sherrie	12 9:30am PiYo- Stefanie 5:15pm Yoga Flow- Tyler 6:30pm Pop up class	13 6:15pm House Party Fitness- Brooke	14 5:15am Bootcamp- Fallon 6:15pm HIIT- Brooke	15	16 9:30am Zumba Toning- Sherrie
17 No Yoga due to B1 Zumba training.	18 6:15pm House Party Fitness- Sherrie	19 9:30am PiYo- Stefanie 5:15pm Yoga Flow- Tyler	20 6:15pm Zumba Toning- Sherrie	21 5:15am Bootcamp- Jenny 6pm VIXEN 101 7pm VIXEN- Fallon	22	23 9:30am House Party Fitness Master class- Multiple Instructors
24 5pm Hot Flow- Tyler	25 6:15pm Zumba- Sherrie	26 9:30am PiYo- Stefanie 5:15pm Yoga Flow- Tyler 6:30pm Pop up class	27 6:15pm House Party Fitness- Brooke	28 5:15am Bootcamp- Leslie 7pm House Party Fitness- Katrina/Crvstal		
Per class pricing: \$10 to drop in \$65 10 class pass	Monthly memberships must be purchased in studio.		Fitness challenge starts February 11 th ! Visit our website or email us for more information!			

Please download the free MINDBODY app and search "Fit Factory" to get the full class schedule and studio access at your fingertips! You can also book your spot in classes! Our pop up listed classes will be posted on MINDBODY and our social media pages! www.thefitfactorypickens.com